

Welcome To Wellness

The Gridley  
Experience

The Right  
Choice



**GRIDLEY  
HEALTH AND  
WELLNESS CENTRE**

# The Gridley Approach

## Rehabilitation

Personalized therapy programs that provide comprehensive treatment.

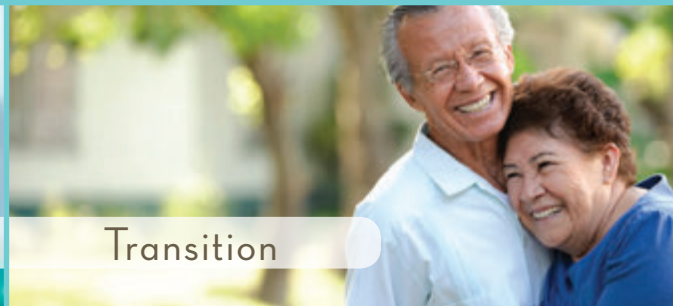
## Quality of Life

Enhancing each life we touch by promoting a sense of community and providing a place to enjoy life during recuperation.

## Skilled Nursing

Heartfelt, compassionate, person-centered care delivered by trained, interdisciplinary teams.

# The Gridley Process



# Gridley Services

## Rehabilitation Services

- Physical Therapy
- Occupational Therapy
- Speech Therapy
- IV Therapy
- Wound Care
- Complex Post-Surgical Needs
- Pain Management
- Stroke, Cardiac, Diabetic Care
- Respite and Short-term Care

## Gridley's Personal Touch

- Recreational Therapy
- Pet Therapy
- Daily Activities
- Personal Bedside TVs
- Language Interpretation Services
- Beauty and Barber Shop
- Business and Banking Services
- Religious and Spiritual Services
- Multi-Lingual Staff
- Volunteer Programs

## Dining Services

- Registered Dietitian
- Restaurant-Style Dining
- Special Therapeutic Diets



## Social Services (Resident & Family)

- Social Services
- Community Agency Referral
- Discharge Planning

Other Services Available: Dental, Audiology, Ophthalmology, Podiatry and Psychotherapy.

# Gridley's Core Values

Patients First

Commitment To Health  
and Wellness

Kind and  
Knowledgeable Staff

Dignity, Respect  
and Compassion

## Visiting Windsor Is Easy.

**Gridley Health and Wellness Centre** is conveniently located close to Orchard Hospital 246 Spruce St., Gridley, CA 995948

For more information visit our website at [www.GridleyHC.com](http://www.GridleyHC.com). To schedule an appointment please call us at call us at (530) 846-6266.



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